## "Sleep, Yourself, Happy"





#### What is SNOOOZE®?

Snoooze® is a natural sleep drink with effective, natural herbs to support your natural sleep cycles and help you fall asleep faster and stay asleep longer. The result is a wonderful, relaxed, restful natural sleep without any side effects.



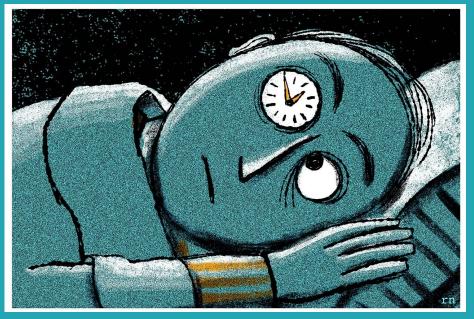
# SN(O)Ze®

#### **DID YOU KNOW??**



Lack of sleep can have serious consequences. The regeneration effects of sleep are reduced with shortened sleep duration, which leads to a loss of our performance. **Restlessness**, irritability, nervousness, fatigue, premature fatigue, and cravings are the most common consequences of insufficient sleep or poor sleep quality. Overall, when sleep deficient, we are much less resilient.

### Early skin aging and damage to the skin tissue are consequences of chronic sleep deficit.



Lack of sleep reduces the regeneration, repair and self-healing power of the facial skin. Elasticity and resistance of the skin decreases and the skin-aging process are accelerated. Increased production of the stress hormone cortisol is induced by lack of sleep and the surface appears tired and flabby, making the skin thinner and more wrinkled.





<u>Snoooze® helps you sleep faster and better through the night, so you can perform at your peak tomorrow.</u> This is because, in contrast to most chemical sleep-aids, the natural, sleep-inducing herbs in Snoooze® support your natural sleep cycles to help you regenerate and recover during the night and be ready to perform at your best tomorrow.



Snoooze® comes in two variants: Snoooze® Regular to help relax fall asleep gently at night, and Snoooze® Strong for if you want to sleep well and soundly while waking refreshed without lethargic side effects.

Consumed 20-30 minutes before going to bed, Snoooze's natural, sleep-inducing herbs helps you sleep better through the night. Snoooze® is a food supplement and recommended for healthy adults 18 and over who have trouble falling asleep or staying asleep during the night.



## SN(O)Ze®



Hans Vriens is a former Procter & Gamble brand manager who successfully brought the then-unknown Austrian energy drink Red Bull to the United States. After 25 years in functional foods, Vriens was challenged to look into sleep research. He came to the conclusion that nutrition and physical activity don't do much benefit to the body unless you get a full night's sleep. Vriens has now taken those learnings and experience to Snoooze. "We all lead busy lives and it is hard for us to turn off our brains to get a good night's sleep... This product is a natural, non-habit forming way to support your natural sleep cycles and help you sleep restfully. So you can be at your best the next day."

RIck Ross is CEO and founder of Galerie. Richard Ross, who first gained a passion for candy when working at his mother's candy shop in the 1970si now with almost 30 years in food and beverage Ross is excited to lend his experience to launching Snoooze.



SN(O)Ze<sup>®</sup> CONTAINS ALL NATURAL INGREDIENTS:

<u>Valerian</u>: widely used for relaxation and as an effective aid to help you for fall asleep and stay asleep.

<u>Passionflower</u>: efficacious, especially in combination with Valerian, to help cope with stress-induced nervous sleep problems.

<u>Linden Flower Extract</u>: is said to have mild soothing and analgesic properties.

<u>Hops & Peppermint</u>: are being used in as natural aroma in Snoooze, Natural Sleep Drink

<u>Lemon Balm</u>: this herbal sleeping aid has been used throughout history for its calming effect, for promoting natural sleep and for supporting natural sleep cycle.



SN(O)Ze<sup>®</sup>

Why Snoooze®?

- Sleep strengthens your immune system
- Sleep improves cognitive & endurance performance
- Sleep elevates your mood and boosts creativity
- Sleep helps you look well rested and stay slim



SN(O)Ze<sup>®</sup>

Sleep better with Snoooze®

More Sleep makes us happier, healthier and Safer.\*

For Additional Information Visit: <u>https://www.snoooze.co/en/</u>

\*Quote from the American Psychological Association

